

TeenSafe

RELATIONSHIP BILL OF RIGHTS

In a relationship, I have the right to:

- ✓ Be physically and emotionally safe
- ✓ Be heard
- ✓ Be trusted
- ✓ Open communication
- ✓ My own opinions/beliefs
- ✓ Share my opinions
- ✓ Be treated with respect
- ✓ Have my other relationships respected
- ✓ Have my likes/dislikes respected
- ✓ Have my views respected
- ✓ Be free from judgment
- ✓ Agree or disagree with my partner
- ✓ Say yes or no
- ✓ Change my mind
- ✓ Make my own choices
- ✓ Choose my own career/ life path
- ✓ Privacy/boundaries
- ✓ Make decisions about my own body
- ✓ Sexual confidentiality
- ✓ End the relationship
- ✓ Emotional support and understanding
- ✓ Faithfulness
- ✓ Be confident in myself

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