



JF&CS TeenSafe Distributes Valentine's Day Cards
During Month-Long Campaign Promoting Healthy Relationships

For Immediate Release: February 12, 2016

February is Teen Dating Violence Awareness Month. JF&CS TeenSafe Peer Leaders created Valentine's Day cards with messages that promote healthy relationships as part of an awareness-raising campaign. TeenSafe Peer Leaders distributed these cards on February 12 to friends and classmates at Beaver Country Day School, Gann Academy, Holliston High School, Lincoln-Sudbury Regional High School, Natick High School, Needham High School, Newton North High School, and Weston High School.

Cards shared many positive messages, including:

- I like the way you respect my opinions.
- I respect you and think you are incredible. Thanks for empowering me.
- I love it when you say what you feel.

In addition to the Valentine's Day cards, TeenSafe is hanging flyers in their schools and throughout their communities that compare what an unhealthy and healthy relationship look like (see attached).

Another part of their month-long campaign is *A Letter to Future Daters*, a JF&CS blog post written by TeenSafe Peer Leaders Olivia, Devin, Yael, and Rachel. It shares information they'd like all teens to know about healthy relationships and respectful dating.

You can also follow [@jfcsboston](https://twitter.com/jfcsboston) on Twitter to view TeenSafe's Twitter campaign, which includes information about teen dating violence and projects TeenSafe is working on throughout the month of February and beyond. Become part of the conversation by tagging [@jfcsboston](https://twitter.com/jfcsboston) and using [#teenDVmonth](https://twitter.com/teenDVmonth) and [#LoveShouldBeSafe](https://twitter.com/LoveShouldBeSafe).

TeenSafe is JF&CS Journey to Safety's response to dating abuse in our community. The program is designed to give teens the language and tools they need to recognize abuse in an intimate relationship and know how to respond if they see, hear about, or experience it.

Contact Sara Berkowitz at sberkowitz@jfcsboston.org to learn more about JF&CS TeenSafe.

About Jewish Family & Children's Service

For 150 years, Jewish Family & Children's Service has provided exceptional human service and health care programs, guided by Jewish traditions of social responsibility, compassion, and respect for all members of the community. With an integrated network of more than 40 programs serving communities throughout Eastern and Central Massachusetts, JF&CS helps people of all faiths and backgrounds meet life's challenges. JF&CS programs focus on serving particularly vulnerable populations including children and adults with disabilities or mental illness, new mothers and their infants, seniors living with chronic conditions, and people experiencing financial crisis, hunger, or domestic abuse. Visit www.jfcsboston.org for more information.

Contact

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