

Help for New Parents Available

While the sudden closure of Isis Parenting earlier this month has left a void for many new and expectant parents throughout Greater Boston, the Center for Early Relationship Support (CERS) at Jewish Family & Children's Service (JF&CS), a long-time collaborator with Isis, is available to help new families.

For 25 years, CERS has provided comprehensive support and guidance to parents with babies and young children with a goal of building connections and community for new mothers and helping to ensure healthy and thriving families.

In addition to offering free support groups for parents in more than 10 communities throughout Greater Boston, CERS also provides individual consultations to help parents navigate a changing landscape, addressing challenges such as developing healthy sleep habits, coping with a fussy baby, dealing with sibling relationships, planning for transitions, and managing challenging behaviors.

For more about the JF&CS Center for Early Relationship Support, visit jfcsboston.org.