

Bereavement Support Groups

Offering emotional and spiritual support for adults living with loss

Daytime Drop-In Bereavement Support Group

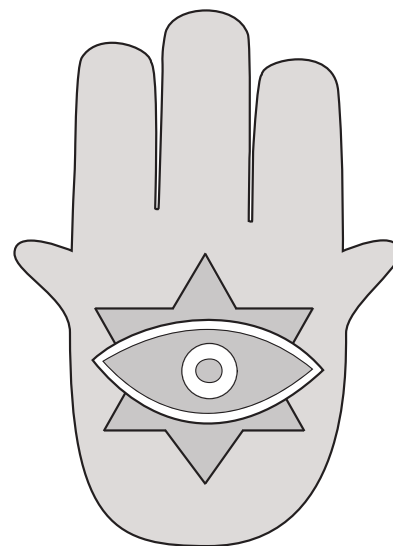
When: Second and Fourth Wednesday of the Month
11:00 a.m. – noon

Where: Leventhal-Sidman Jewish Community Center
333 Nahanton Street, Newton 

Eight-Week Evening Bereavement Support Group

When: Wednesday Evenings
7:00 p.m. – 8:30 p.m.
(Groups take place when there are enough participants to start a group.)

Where: JF&CS Headquarters
1430 Main Street, Waltham 



The Betty Ann Greenbaum Miller Center for Jewish Healing helps people feel a sense of connection when facing the challenges of illness, loss, or isolation by offering spiritual and communal supports to foster hope, comfort, and wholeness guided by Jewish tradition.

"It is not good for people to be alone." (Genesis 2:18)

**To pre-register please call the group facilitator, Barbara Sternfield, MA,
Program Specialist at bsternfield@jfcsboston.org or 781-693-5684.**