

# Connect From Anywhere!

*Distance Learning programs available  
through your phone*

Looking for something interesting to do? You can find intellectual stimulation, inspiration, or conversation using your phone with Distance Learning. There is something for everyone! Topics include music appreciation, art, history, exploration of famous cities, languages, and more.

These phone-based communities offer a variety of opportunities for social connection, learning, peer interaction, and support for older adults who wish to get engaged from the comfort of their own home. You may use your phone, tablet, or computer to access these programs.

## **DOROT's University Without Walls**

[www.bit.ly/DOROTUniversity](http://www.bit.ly/DOROTUniversity)

For more information or to enroll, call (877) 819-9147.

For a staff member fluent in Russian, call (917) 441-5061.

## **Covia Well-Connected**

[www.bit.ly/Covia](http://www.bit.ly/Covia)

(877) 797-7299

## **Family Eldercare, Lifetime Connections Without Walls**

[www.bit.ly/FamilyEldercare](http://www.bit.ly/FamilyEldercare)

(888) 500-6472

## **Mather Telephone Topics**





[www.bit.ly/MatherTelephone](http://www.bit.ly/MatherTelephone)

(888) 600-2560



Caring for Generations

**JF&CS**  
Jewish Family & Children's Service

[jfcsboston.org](http://jfcsboston.org) | 781-647-JFCS (5327) | Stay Connected:    

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