Journey to Safety TeenSafe
Teen Dating Abuse Prevention Program

Are you a 10th, 11th, or 12th grade teen interested in preventing dating abuse in the Jewish community and beyond? Would you like to strengthen your leadership and communication skills? Are you interested in meeting and working with other teens to raise awareness about the reality of abuse and how to find help and support?

If so, TeenSafe is for you!

TeenSafe, a program of Journey to Safety, is the JF&CS response to dating abuse in our community.

TeenSafe’s goal is to give teens, parents, and people who work with teens the language and tools they need to recognize abuse and know how to respond if they see, hear about, or experience it. Once trained, TeenSafe participants become peer educators, sharing the information they learn with other teens in local youth groups, as well as in middle and high school programs. Some members find creative ways to bring TeenSafe to their own high schools and extracurricular activities.

We meet one or two Sunday afternoons a month from October through May. The first meetings of the year are interactive training workshops run by the TeenSafe Youth Educator and returning TeenSafe members. During this time, we focus on learning about teen dating abuse as well as building presentation, communication, and leadership skills. By mid-year, we are designing and running presentations for teen groups, representing TeenSafe at local events, and working on a variety of other awareness-raising projects.

TeenSafe is fun, rewarding, and really makes a difference in people’s lives! Community service hours are offered upon completion of the program.

Interested? Contact the TeenSafe Fellow at teensafe@jfcsboston.org for more information and an application.

“I definitely grew to be a more vocal and active member throughout my time here. I have come out of my ‘shell’ and have become a more confident speaker.”

“It is information that I will use for the rest of my life.”
—TeenSafe Participants

One in three adolescents is a victim of physical, sexual, emotional, or verbal abuse from a dating partner.