

SNAP Assistance

Bet Tzedek Legal Services

Do You Need Help to Buy Food?

If you need help putting food on the table, SNAP food assistance is here to help.



- Want to see if you qualify for SNAP? Want to apply?
- Want to learn about more resources for people who get SNAP?
- SNAP provides monthly benefits for your household:

Household Size	1	2	3	4	5	6	7	8	Each add'l member
Maximum monthly SNAP benefit	\$250	\$459	\$658	\$835	\$992	\$1,190	\$1,316	\$1,504	Add \$188

Our SNAP Advocates Can Help!

Talk with a SNAP Advocate! Email us at SNAPhelp@jfcsboston.org or call us at 781-693-1333.

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