

SNAP Assistance

Bet Tzedek Legal Services

Do You Need Help to Buy Food?

If you were laid off or lost income and need help putting food on the table, SNAP food assistance is here to help.



- Want to see if you qualify for SNAP? Want to apply?
- Want to learn about more resources for people who get SNAP?
- SNAP provides monthly benefits for your household:

Household Size	1	2	3	4	5	6	7	8	Each add'l member
Maximum monthly SNAP benefit	\$234	\$430	\$616	\$782	\$929	\$1,114	\$1,232	\$1,408	Add \$176

Our SNAP Advocates Can Help!

Talk with a SNAP Advocate! Email us at SNAPhelp@jfcsboston.org or call us at 781-693-1333.

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